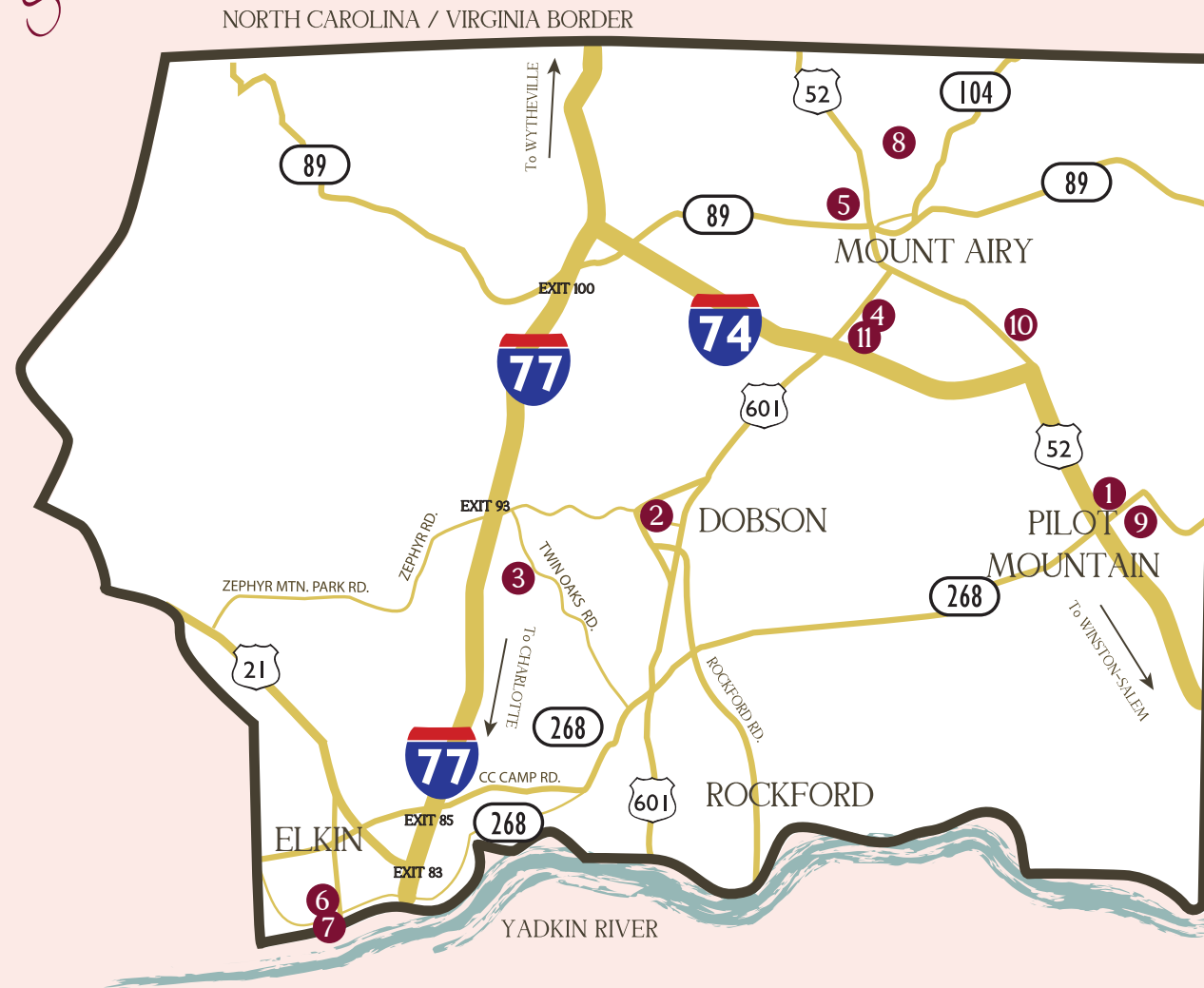


- 1 **25 Summit Restaurant + Bar**
729 South Key St, Pilot Mountain, NC 27041
(336) 828-5665
www.eat25summit.com
- 2 **Central Café**
304 N Main St, Dobson, NC 27017
(336) 356-2100
- 3 **Harvest Grill at Shelton Vineyards**
230 Cabernet Ln, Dobson, NC 27017
(336) 366-3590
www.sheltonvineyards.com/harvest-grill
- 4 **Meli Bakehouse**
801 Rockford St, Mount Airy, NC 27030
(336) 429-9604
www.melibakehouse.com
- 5 **Miss Angel's Heavenly Pies**
153 N Main St, Mount Airy, NC 27030
(336) 786-1537
www.missangelsheavenlypiesinc.com
- 6 **Royall's BBQ**
128 W Main St, Elkin, NC 28621
(336) 530-4014
www.royallsbqq.com
- 7 **Southern on Main**
102 E Main St, Elkin, NC 28621
(336) 258-2144
www.southernonmain.com
- 8 **The Sunset Grille at Cross Creek Country Club**
1129 Greenhill Rd, Mount Airy, NC 27030
(336) 789-5193
www.crosscreekcc.com/dining
- 9 **The Tilted Ladder**
105A West Main St, Pilot Mountain, NC 27041
(336) 444-4194
www.thetiltedladder.com
- 10 **The Updraft Kitchen**
484 Howard Woltz Jr Way, Mount Airy, NC 27030
(336) 648-8833
- 11 **Zito Greek Kitchen**
1015 Rockford St #100, Mount Airy, NC 27030
(336) 415-5360
www.zitogreekkitchen.com

*Navigating the
Surry Sonker Trail*

Surry Sonker Trail



(800) 948-0949

www.SonkerTrail.org



Sonker Festival and Lodging

The Sonker Festival takes place the first Saturday in October at the Edwards-Franklin House west of Mount Airy. The festival began in 1980 and is presented by the Surry County Historical Society. More information is available at: www.SonkerTrail.org. Turn your Sonker Trail experience into an overnight escape! Find accommodations for the Surry Sonker Festival and year-round visits at yadkinvalleynyc.com.



Finding the Sonker Trail

The trail is located in Surry County in the heart of North Carolina's Yadkin Valley wine region. See inside for a detailed map.



Surry Sonker Trail

The Surry Sonker Trail was created by the Tourism Partnership of Surry County in 2015 to highlight a popular heritage food passed down through the generations in Surry County, NC.



www.YadkinValleyNC.com

This brochure was created in July of 2026,
with content current at that time.
To see if changes have occurred since then,
please visit the website: www.SonkerTrail.org

Surry Sonker Trail

Celebrating a one-of-a-kind dessert
found in Surry County, NC



www.SonkerTrail.org
(800) 948-0949

An Overview of Sonker...

Nobody knows exactly how sonker got started, but it has been a staple for generations in Surry County, NC.

The common belief is people made sonker as a way to stretch usage of their fruit in tough times, or as a way to utilize fruit that was toward the end of its ripeness.

Sonker is similar to a pot pie or a cobbler. It comes about by blending fruit and unshaped dough, often sweetened with sugar or sorghum cane molasses.

It often includes a dip (glaze) made of cream, sugar or molasses, and a few drops of vanilla extract. This is usually poured over the sonker in the dish.

The crusts vary. Some recipes call for a pie-like crust, while others call for a bread-crumb topping. Sometimes sonker is made in a pot on the stove, with a crust that is more akin to dumplings.



Types of Sonker

Sonker tends to vary by season because the dish is made from fruit. Below are the most common types of sonker available seasonally, but don't be surprised if you stumble upon a unique creation like savory sonker or wine-infused sonker.

Apple	Peach
Blackberry	Pear
Blueberry	Raspberry
Cherry	Strawberry Rhubarb
Grape	Sweet Potato